

or two and then proceed but do not withdraw the nozzle from the anus until the operation is completed. However, if the douche is administered correctly the child should not experience any real discomfort.

When the necessary quantity of liquid has entered the rectum the child should get up, quietly and slowly, and allowed to use its chamber in the usual way. A few minutes may be required for the complete emptying of the bowel but this part of the business must not be hurried. A gentle massage of the lower abdomen will materially assist complete evacuation.

When all is over, with the usual accompanying sigh of relief, it will be found that the operation holds no terrors for mother or child, and subsequent enemas should prove an easy matter after the first experience.

A wise mother will resort to this simple and safe method of treatment at the first signs of illness in her child. It may prevent many later complications and as a remedy for temporary constipation has no equal. It is better and safer than indiscriminate purging at any time, and is perfectly safe in its action.

Nursing Echoes.

HER MAJESTY QUEEN MARY has been graciously pleased to approve the appointment of 159 nurses to be Queen's Nurses; 123 in England, 2 in Wales, 30 in Scotland, and 4 in Northern Ireland.

THE EXHIBITION held at the Welcome Research Institution, 183, Euston Road, London, N.W., from October 22nd to 26th told the story of a day in the life of a district nurse in London—a day typical of that led by more than 300 nurses in the County of London service.

It is a day spent amongst people from all walks of life, in many different types of dwelling; a day in which the district nurse must show qualities of skill, initiative, tact and sympathy—qualities which make her not just a nurse but a "Friend of the Family."

Since district nursing first began about a hundred years ago millions have been restored to health in their own homes. Statistics show that for the period between 1948 and the holding of this exhibition considerably over three-and-a-half million visits were made by London district nurses, including midwifery.

At best, the exhibition could not give us more than a glimpse of the district nurse's day, but was a record of

a cross-section of the daily round and the following in particular were illustrated:—

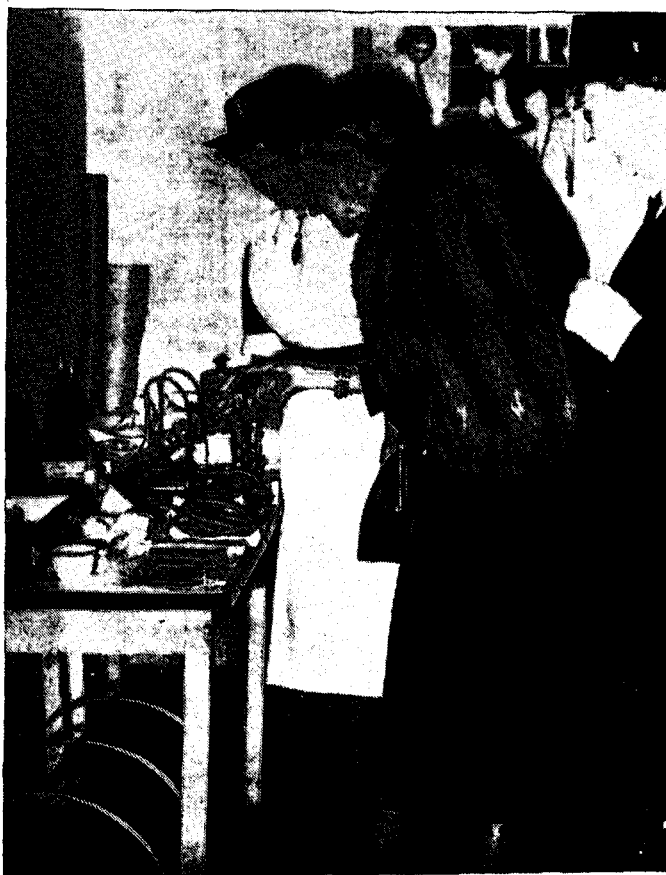
Injection Therapy, Surgical nursing, barrier nursing, medical nursing, midwifery. (including the treatment given at the birth of a premature baby).

In addition to the practical demonstrations the exhibition also endeavoured to show pictorially the work done on the social welfare side and several other facets, such as rehabilitation of the patient.

All these were planned by the nurses attached to the different nursing associations of London.

To-day, with the greater demand upon the hospital beds available and the development of preventive treatment, more people than ever have to be nursed at home, and it is these patients—young and old alike—who listen anxiously from their sick beds for the welcome footstep of a "Friend of the Family."

We hope all who saw this exhibition will realise that the district nurse is playing an essential and integral part in the life of the twentieth century community, and that her work is an expression of the service and tradition of the nursing profession at its very highest.



H.H. The Princess Marie Louise at the Opening of the Exhibition of District Nursing in London.

THE NATIONAL COUNCIL OF NURSES OF GREAT BRITAIN AND NORTHERN IRELAND has been invited by the International Council of Nurses to send information concerning groups or societies which may have been formed of parents of mentally defective children, spastic children, or of epileptics. Any information that can be collected by the National Council of Nurses will be forwarded

to the World Health Organisation through the International Council of Nurses.

It is understood that the World Health Organisation is hoping to convene an expert committee on the subject of mentally defective or retarded children, and the information collected is to be used for the assistance of W.H.O. in preparing for the meeting.

It is known that these groups have been organised in some countries, and if any of our readers have any information of such groups in this country, the National Council of Nurses of Great Britain and Northern Ireland, 17, Portland Place, London, W.1, would be grateful for any co-operation in giving the name by which the group is known, and the name and address of the secretary.

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